



## Metropolitan Canteens Woodridge State High

Prices effective from July 2024

### SANDWICHES & WRAPS

#### White/Multigrain/Gluten Free

Sandwiches	From \$5.50
Wraps - Whole	\$7.00
Rolls - white	\$6.50

### SALAD

Garden salad		\$6.00
Chicken Pasta Salad		\$7.00
Chicken Caesar		\$7.00
Thai Beef salad		\$7.00
Healthy Snack Packs		\$5.00

### Fruit and yoghurt

Fresh Fruit (whole)	\$1.50
Fruit Salad Bowl	\$5.00
Watermelon cup	\$2.50
Greek Yoghurt with berries/granola	\$3.50

### THE BAKERY

#### All made on site (low fat)

Cookies	From \$2.50
Muffins	From \$3.00
Homemade slices	\$4.50
Sausage Rolls	\$5.00
Low fat cheesecake	\$5.00

### BURGERS & BUNS

Chicken Schnitzel	\$6.00
Peri Peri chicken burger	\$6.50
Cheeseburger	\$6.00
Hamburger & salad	\$6.50
Beef/chicken and gravy roll	\$5.50
Vegetarian Burger	\$6.00
Hot Dog with sauce	\$5.00
Hot Dog with sauce and cheese	\$5.50
Meatball sub with cheese	\$5.50
Chicken sliders (2)	\$6.50
Turkish bread varieties	\$7.00

### DAILY SPECIALS

#### Alternates each day

#### All \$7.00

Spaghetti Bolognese
Chicken Fried Rice (vege option)
Chicken noodle stir-fry (vege option)
Mexican Beef nachos (vege option)
Butter chicken with rice
Beef Sausage's – curried or veg and mash

### BREAKFAST

#### Available from 8am



Hashbrown	\$2.00
Ham and cheese pocket	\$2.50
Bacon and Egg Roll/Muffin/Toastie	\$5.00
Toasted Ham and Cheese	\$5.00
Toasted Cheese and or Tomato	\$5.00
Breakfast wraps	\$5.50

### HOT FOOD

Potato Wedges	\$4.50 w/gravy	\$5.00
Gems	\$4.50 w/gravy	\$5.00
Chicken Nuggets (5)	\$4.50	
Loaded Wedges	\$5.00	
Traveller pie	\$6.00	
Vegetarian Nachos	\$5.00	
Pizza slice	\$4.00	
Garlic bread	\$4.00	
Mini spring rolls (5)	\$5.00	
Chicken katsu with rice	\$7.00	
Sweet Chilli chicken wrap/roll	\$6.50	



## Metropolitan Canteens Woodridge State High

Prices effective from July 2024

### COLD DRINKS

600ml water	\$3.00
Soft drinks (600ml)	\$5.00
Can of soft drink	\$3.00
500ml milk	\$5.00
<u>Icebreak</u>	\$5.50
Glee	\$3.50
Mineral <u>Waterfords</u>	\$4.50
Lipton Iced tea	\$5.00
Gatorade	\$5.00
Aloe Vera juice's	\$5.00

### CRISPS

Red rock potato crisps 45gm	\$3.50
-----------------------------	--------

### SNACK FOODS

Jelly Cup	\$2.50
Chocolate mousse	\$3.00
Cheese and crackers	\$3.00
Assorted Chocolate bars	\$2.50

### ICE CREAMS

Assorted Ice Creams (see Freezer)	From \$3.50 - \$5.50
<u>Zooper Doopers</u>	\$1.00
Sour <u>Popz</u>	\$3.50